

# Key programmes on the DEVITA AP 30

The following programs are pre-installed on the DEVITA AP 30 device. As already mentioned above, there are also over another 1,000 programmes that can be installed by your health practitioner after taking an appropriate medical history or scanning the patient using the Deta Elis Professional diagnostic device.

## PROGRAMMES

### 1. IMMUNE RESISTANCE



Immune resistance is the ability of the body to resist pathogenic viruses, bacteria, and other harmful factors of environment. The stronger the immune resistance is, the lower the risk of developing diseases. Boosting the immune system is one of the main priorities in any Wellness programme. Making lifestyle changes, kicking bad habits, optimizing nutrition, avoiding toxins, exercising, drinking water and more all contribute to strengthening the body and the immune system.

Use: This programme is best run in the morning, right after waking as it can stimulate the body and lead to sleeplessness.

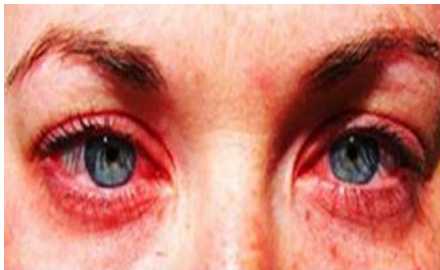
### 2. CLEAN EYES D



It is common for children while playing to rub their eyes with dirty hands and transfer bacteria causing bacterial conjunctivitis. The Clean eyes D program is aimed at eradicating these microorganisms, helping with inflammation and pain, while helping restore normal circulation in the eyes.

Use: the programme is best run 2-3 times a day when the problem persists over a 10-day period. It is recommended to also use the “Detoxication” programme in combination with this every 3 days.

### 3. CLEAN EYES A



During the spring-and-summer period, some people cannot go outdoors because of dust and pollen in the air, which causes red, puffy and itchy eyes. All these symptoms are characteristic of allergic conjunctivitis which can also occur when consuming certain food, taking medications or coming in contact with animal hair. The CLEAN EYES A programme will help to clear these symptoms.

Use: during acute symptoms the programme can be run 2-3 times a day, along with the DETOXIFICATION programme every 3 days.

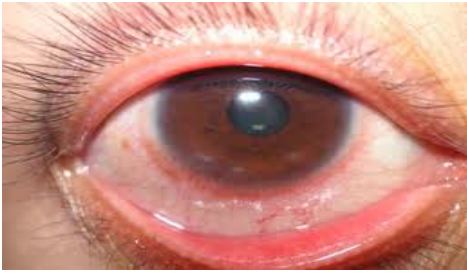
### 4. EYELIDS



This programme is helpful when there is swelling or burning of the eyelids, ulcerations or in-growing eyelashes that can cause serious discomfort and photophobia.

Use: the programme can be used a couple times per day for about 20 days, along with the DETOXIFICATION programme every 3 days.

## 5. CORNEA



The cornea is the external covering of the eye which is prone to damage leading to opaqueness and blurry vision, reddening of the eyes, as well as puffiness. This programme helps alleviate these symptoms.

Use: during an acute episode the programme can be run a couple of times per day, along with the DETOXIFICATION programme every 3 days.

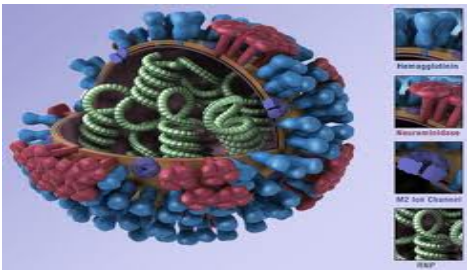
## 6. ANTI-FLU C



The outbreak of the so-called «pig influenza» virus occurred in 2009. It is a virus of the H1N1 subtype, which is transferred from person-to-person and causes typical flu symptoms. This programme can help to protect against this virus during epidemics, therefore preventing infection.

Use: during epidemics, the programme can be run once every couple of days, but daily is also acceptable, along with the DETOXIFICATION programme every 3 days.

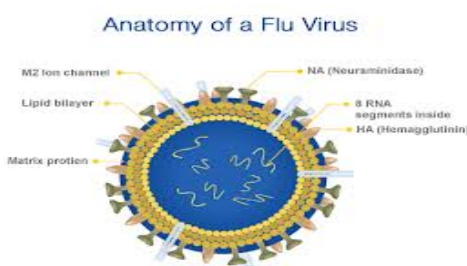
## 7. ANTI-FLU B



The Flu Virus B is normally transmitted amongst humans in the air. It is possible to prevent infection if this programme is used during epidemics.

Use: During time of epidemic, the programme can be run once per day or once every couple of days, along with the DETOXIFICATION programme every 3 days.

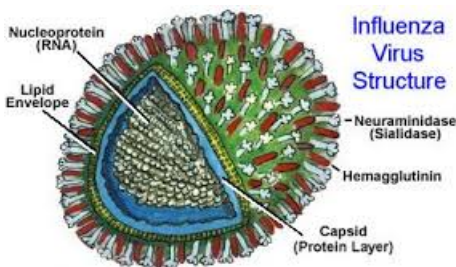
## 8. ANTI-FLU A



The Flu Virus A can be threatening to the health of people and animals as epidemics can cover large areas. This programme can help to prevent infection during times of epidemics. In combination with this programme can also be run the LYMPH, LIVER and KIDNEYS cleansing programmes.

Use: you can run the programme daily or once every couple of days during times of epidemics, along with the DETOXIFICATION programme every 3 days.

## 9. ANTI-FLU BASIC



With an attack of the flu virus it is possible to make the immune system vulnerable to other infections that can create difficult respiratory infections that go deep. This programme help to prevent such infections and complications. The ANTI-FLU B and the COCCI STOP programmes can be used during times of epidemics, along with the LYMPH, LIVER and KIDNEY cleansing programmes.

Use: The programme can be run daily in times of epidemics, or every couple of days, along with the DETOXIFICATION programme.

## 10. DETOXIFICATION



This programme focuses on detoxifying the liver when it is under stress trying to clear the toxins from parasites and other microorganisms.

The program “detoxifying the body” should be used after running any of the treatment programmes. The frequency of use really depends on the degree of toxins in the body – the more toxic, the more frequent one can run the programme. It may be used between 2 – 4 times a day. Given that killing microorganisms can release a

lot of toxins into the body, it is important to run this programme immediately after running any programme for killing microorganisms.

Use: Run this programme once every 3 days and drink at least 1.5 litres of water per day for flushing.

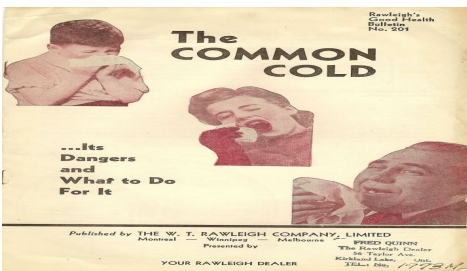
## 11. ANTI-ALLERGY



This programme provides relief to allergy symptoms such as itching, rashes, sore eyes and general discomfort.

Use: this programme can be run every morning and evening for about 10 days, along with the IMMUNE RESISTANCE and DETOXIFICATION programmes every 3 days.

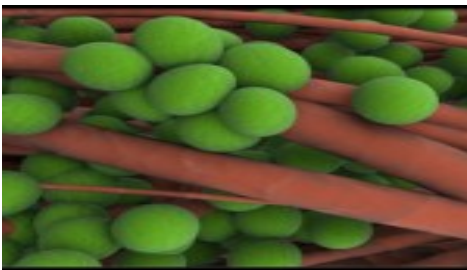
## 12. NO COLD



The majority of acute respiratory diseases are caught in public places such as in public transport, at the cinema, supermarkets – as soon as someone sneezes, all the people in the area are likely to catch the airborne viruses. This programme helps to prevent the cold virus taking a hold and therefore preventing discomfort and pain.

Use: this programme can be run twice daily, along with the DETOXIFICATION and IMMUNE RESISTANCE programmes once every 3 days.

## 13. COCCI STOP

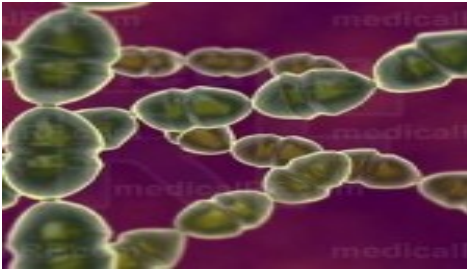


Staphylococci and streptococci are constantly present on the skin and mucous membranes of the throat and the nose. When the immune system weakens then these bacteria can proliferate quickly in the body causing symptoms such as a sore throat with fever. This programme helps the body fight against these Cocci bacteria and enables the immune system to take control.

Staphylococcus bacteria: tonsillitis, wound suppuration, styes (abscess on the eyelid), flu, sepsis, poisoning, enterocolitis – see [Video on Staphylococcus](#)

Staph is short for Staphylococcus, a type of bacteria. There are over 30 types, but Staphylococcus aureus causes most staph infections (pronounced “staff infections”), including

- Skin infections
- Pneumonia
- Food poisoning
- Toxic shock syndrome
- Blood poisoning (bacteremia)



Streptococcus bacteria: sore throat, tonsillitis, pneumonia, sinusitis, tonsillitis, otitis media, lymphadenitis, skin rash, purulent arthritis, rheumatism, kidney disease, osteomyelitis, Scarlet fever – see [Video on Streptococcus](#)

Group A strep causes

- Impetigo – a skin infection
- Toxic shock syndrome
- Cellulitis and necrotizing fasciitis (flesh-eating disease)

Use: this programme can be run daily every 3 hours if required, until there is a complete recovery of health. It is recommended to use this programme in combination with the DETOXIFICATION and IMMUNE RESISTANCE programmes once every 3 days. This programme can be used for any diseases related to Streptococcus infections such as tonsillitis, otitis, Erysipelas, Scarlet fever and others. The program must be applied immediately after the onset of illness.

## 14. CLEAN EYES



This is a programme that can alleviate eye symptoms such as pain, puffiness, and sore, red eyes with characteristic inflammation.

Use: this programme can be used daily as necessary, along with the DETOXIFICATION programme every 3 days.

## 15. FREE BREATH



It is important to be able to breath freely in order for the body to receive adequate amounts of oxygen which is vital for energy and vitality. This programme can help relieve nasal blockages related to different factors that prevent us from breathing freely.

Use: this programme can be run once every couple of days, along with the DETOXIFICATION programme every 3 days.

## 16. HELPING A GOURMAND



Often when we mix various foods when dinning out, our Gastrointestinal (GI) tracts often get overloaded, developing symptoms such as intestinal upsets and pain, nausea, bloating and stomach burning. This programme helps to relieve many of these unpleasant symptoms.

Use: this programme can be used 2-3 times daily until there is a complete recovery of health. It can be used with the DETOXIFICATION programme every 3 days.

## 17. ANTISEPTIC



We are picking up different microorganisms all the time which may penetrate the body and cause symptoms – grazing and cutting the skin is another way. This programme helps to cleanse the body of these microbes that can cause diseases, helping for a quick recovery.

Antiseptic program: infections including unidentified infection, inflammation, swelling, pain, redness.

Use: this programme can be used 2-3 time daily if there is acute inflammation, along with the LYMPH, LIVER and KIDNEY cleansing programmes.

## 18. CLEAN FEET



Fungal infections on our feet are common occurrences – we can catch these fungal infections from public places such as swimming pools, saunas and gyms. This programme helps the body resist these fungal infections and prevents your feet from getting infected.

Use: in case of active fungal infection of the feet, the programme can be run 2 times a day until the symptoms disappear, along with the DETOXIFICATION programme every 3 days.

## 19. HEAD FREE OF PAIN



This programme is designed to alleviate headaches from different sources and eliminate the unpleasant pain.

Use: this programme can be applied as and when necessary anytime and can be run more than one time a day.

## 20. NO WORMS



Parasitic infestation with worms of the Helminth family is unprecedented what with eating unwashed fruit and vegetables, and partially cooked meat and fish, as well as poor hygiene procedures. This programme will help eradicate many of these worms in the body. Roundworms: ascaris, nausea, teeth grinding (bruxism), headache, lack of appetite, abdominal distension – see Video [Ascaris Worms – live operation](#)

Use: when this programme is used preventatively, it can be run once every 3 days, for not less than 10 sessions in total, along with the DETOXIFICATION programme on the same day.

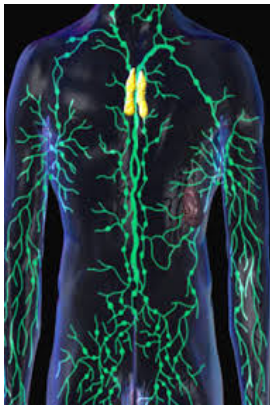
## 21. INTIMATE HEALTH



Sexually Transmitted Diseases (STD) are becoming even more prevalent with more and more people being infected. This programme helps to prevent these infections from taking a hold in the body.

Use: If STD's are suspected, this programme can be run daily for at least 20 days, along with the DETOXIFICATION programme once every 3 days.

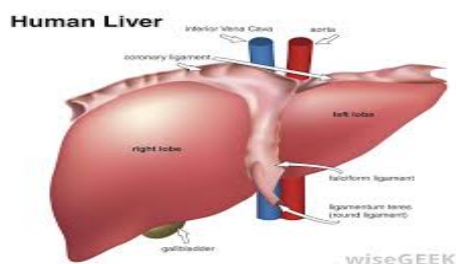
## 22. CLEAN LYMPH



The lymphatic system is crucial to cleaning the toxins and by-products in the body. If the lymphatic system becomes congested, then the toxins will remain in the body for long periods causing symptoms of intoxication. This programme will help to clean and detoxify the lymph system, without stressing it.

Use: this programme can be run once every 3 days while drinking at least 1.5 litres of water daily.

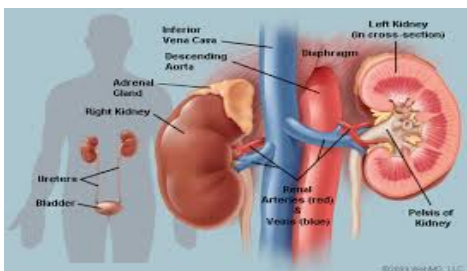
## 23. CLEAN LIVER



The liver is one of the main detoxification organs of the body, and certainly one of the largest, working at full capacity on a daily basis. When the liver gets congested and stressed, then it inevitably puts a large toxic load on the other detoxification organs. This programme helps the efficiency of the liver's detoxification pathways and allows it to process and neutralize the toxins in the body.

Use: this programme can be used once every 3 days, while drinking about 1.5 litres of pure water daily.

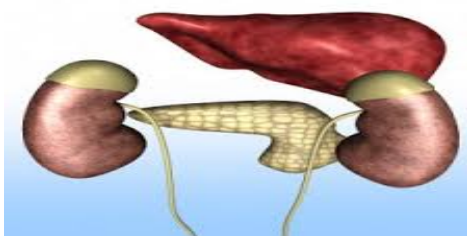
## 24. CLEAN KIDNEYS



The kidneys are another major detoxification organ that is filtering and eliminating many different toxins in the urine on a daily basis. During times of infections or toxic overload, they can become congested and add to the toxicity of the body as a whole.

Use: this programme can be run once every 3 days, while drinking at least 1.5 litres of pure water daily.

## 25. POWER OF LIVER AND KIDNEYS



This programme is designed to optimize the functioning of both the liver and kidneys, particularly during times of toxic overload and congestion.

Use: the programme can be run once every 3 days, while drinking at least 1.5 litres of water daily.

## 26. NO HERPES



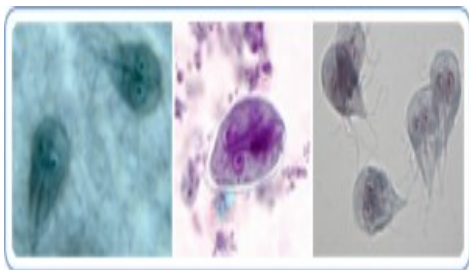
Herpes represents a range of infections caused by different types of the herpes virus. Cold sores around the mouth can be a symptom of Herpes Simplex Virus Type 1 (HSV-1). Genital herpes, with symptoms including lesions on or around the genitals and rectum and even thighs and buttocks, is caused by Herpes Simplex Virus Type 2 (HSV-2) and is sexually transmitted. Once in the body, the virus does not leave as it lives in the cerebral spinal fluid.

Herpes virus: itching, burning, soreness, rash on genitals and lips, blistering of the

skin, infertility – see [Video on Herpes](#)

Use: when there is an active attack of herpes, you should run the programme 2-3 times per day for one week, and then once a day for another 3 weeks. The DETOXIFICATION programme should also be run once every 3 days.

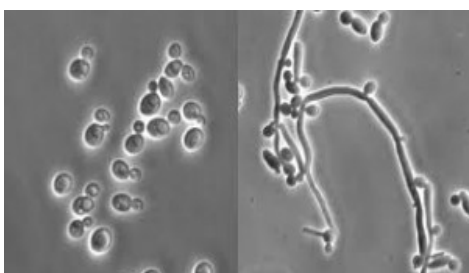
## 27. NO PROTISTS



Protozoa are small microorganisms that get into the body through dirty hands consuming contaminated food and water. This programme helps to eradicate these protozoa that can cause a variety of health problems. Giardia protozoa: abdominal pain, constipation, diarrhea, allergies, pancreatitis, hepatitis, anaemia – see [Video on Giardia](#)

Use: the programme can be run 1-2 times per day for 10-14 consecutive days, along with the DETOXIFICATION programme every 3 days.

## 28. CANDIDA STOP

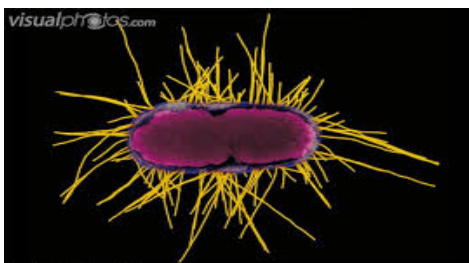


This programme can help keep pathogenic Candida intact as it normalizes the acid-base balance of the intestine.

1. Candida albicans fungus: fungal infections, dysbiosis, nail fungus, vaginal discharge, infertility, fatigue, bowel distension – see [Video on Candida albicans](#)

Use: this programme should be run 1-3 times a day for 2-4 weeks, along with the DETOXIFICATION programme every 3 days.

## 29. COLON BACILLUS



This programme helps to reduce pathogenic bacteria in the gut that can produce toxins that cause many gut problems – this imbalance between the good and the bad bacteria is called dysbiosis.

Escherichia coli bacteria: gastroenteritis, diarrhea, dysbiosis, cholecystitis, tracheitis, arthritis, adenoma – see [Video on E. coli](#)

Some kinds of E. coli can cause diarrhea, while others cause urinary tract infections, respiratory illness and pneumonia, and other illnesses.

Use: this programme can be run for 10-20 consecutive days, along with the DETOXIFICATION programme once every 3 days.

## 30. ANTI-INFLAMMATION



Inflammation can be a result of trauma or infection. This programme can help to restore blood circulation while removing various toxic substances, therefore improving oxygen supply and metabolic processes, aiding in a quicker recovery.

Inflammation: various types of inflammation, redness, swelling, fever, colds – see [Video on Inflammation](#)

Use: this programme can be used for various inflammatory conditions – it can be run 1-3 times per day for a number of days. It is recommended that the LYMPH,

LIVER and KIDNEY cleansing programmes be used too.